Instrument: The Instrumentalist

Magazine or Journal Title: Flute

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Article Title: A Picture is Worth 10,000 Words

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Summary (Outline form):

* Where to balance the flute
	+ - * Best to balance just above the knuckle
* The Left thumb
	+ - * Should be straight when playing
			* Keeps the wrist in a more natural position
* The right thumb
	+ - * Pretend to pick up soda can
			* Thumb can be slightly below first finger
* Right-Hand Knuckle Height
	+ - * Same height as the keys to facilitate fast playing
* Setting the right hand
	+ - * Place e finger first then set the rest of the fingers
* What about the Wrists
	+ - * Play with natural slightly curved wrists
* Get Your Money’s Worth
	+ - * Try adjusting placement of the headjoint to make it sound the best it can