Instrument: The Instrumentalist

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Summary (Outline form):

* Where to balance the flute
  + - * Best to balance just above the knuckle
* The Left thumb
  + - * Should be straight when playing
      * Keeps the wrist in a more natural position
* The right thumb
  + - * Pretend to pick up soda can
      * Thumb can be slightly below first finger
* Right-Hand Knuckle Height
  + - * Same height as the keys to facilitate fast playing
* Setting the right hand
  + - * Place e finger first then set the rest of the fingers
* What about the Wrists
  + - * Play with natural slightly curved wrists
* Get Your Money’s Worth
  + - * Try adjusting placement of the headjoint to make it sound the best it can